

Deep Coaching Certification

A Transformative Nine-Month Certification Program for Experienced Coaches and L&OD Professionals



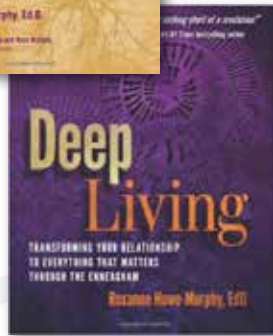
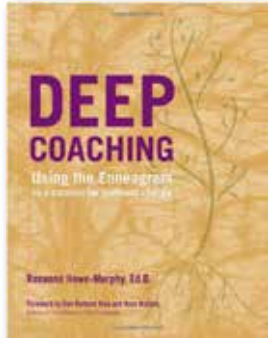
— AN EXPERIENTIAL DEVELOPMENT JOURNEY FOR COACHING WITH THE ANCIENT WISDOM OF THE ENNEAGRAM





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A NINE-MONTH PROGRAM FROM The Deep Coaching Institute



“Powerful coaching revolves around the movement of each human toward his or her highest nature.” – **Roxanne Howe-Murphy**

This program is for those coaches and development professionals seeking a more powerful way to work with clients. It is a program that builds coaches' capacity to bring out the best in their clients and also in themselves. Many innovative methodologies, tools and practices are provided for coaches and their clients to use in their personal, interpersonal and work lives.

The DCI approach entails using a Presence-Based approach to the Enneagram to promote more expansive states of being, thinking and acting. Our inside-out process builds the capacity for living with greater joy, aliveness, wisdom, creativity, inner peace, clarity, and fulfillment. Using both the ancient and emerging wisdom of the Enneagram we learn to uncover nuances about the innate capacities, gifts and beliefs of our clients and ourselves. We learn strategies and interventions to unhook from identification with our small self, from the demands of the ego, and tap into our greater potential and our more expansive nature.

Our approach to transformation and change entails fostering a state of enhanced engagement with ourselves and the world around us. In this way we are free to have a direct experience of reality, free from our stories, fears, habitual patterns, emotional reactions, and other constrictions that bias our experiences. Having experienced embodied change in ourselves and witnessed it in our clients and students, we know it is possible. And, with the right tools and capacities, it happens faster than one might expect.

If you love the Enneagram, want to experience a potent personal development journey, gain powerful tools and capacities to help your clients, and be part of a supportive and highly engaged learning community, we invite you to join us!!



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PROGRAM OBJECTIVES:

GAIN A DEEPER UNDERSTANDING OF ENNEAGRAM DYNAMICS

- Learn the Enneagram Iceberg Model® to understand the different elements that comprise the architecture of the personality's structure. This understanding generates heightened self-awareness of ourselves and for clients by enhancing contact with our inner experience, of what often unconsciously motivates our thoughts and behaviors.
- Learn how your type as a coach influences what you most pay attention to with your clients and how you coach.
- Learn how to use the Enneagram as a framework for listening, for asking powerful questions, and for supporting the client's natural tendencies toward growth.
- Learn how to introduce the Enneagram to clients in the context of their goals.

LEARN A RADICALLY DIFFERENT APPROACH TO UNDERSTANDING PERSONALITY

- Help clients move from feeling stuck to experiencing internal freedom of choice by learning the Enneagram's insights about the personality's potential to be fluid and by providing possibilities for responding in fresh, creative ways to the circumstances and opportunities in our lives. Real choice increases every time some part of the personality is relaxed.
- Understand how to identify Enneagram-influenced stories that keep us hooked into our personality's constricted version of life.
- Learn how being under the grip of personality generates the highest amounts of stress and constriction in our lives and how we can shift to states of greater expansion and wellness.
- Learn to decode the ego's inner logic and gain a deeper level of self-understanding. Build the capacity to recognize the core beliefs that form our basic assumptions of life, and how we respond to life and others.
- Learn how to use the Enneagram to awaken from the trance of the personality and live from a deeper, more powerful Essence.
- Learn how identification with the personality creates so many of life's struggles and challenges and how developing a more expansive understanding of oneself shifts how we relate to ourselves, those we interact with, and our whole environment.



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PROGRAM OBJECTIVES, CONTINUED:

LEARN TO WORK WITH THE THREE CENTERS OF INTELLIGENCE

- Learn the languages of the three centers and acquire new practices to deepen our contact with the clear-headedness of the Thinking Center, the open-heartedness of the Feeling Center, and the groundedness of the Instinctive Center.
- Learn to detect issues arising from not properly using our three centers – how when the are overused, underused or blocked we become susceptible to habitual reactive patterns that cause us to misread what’s really going on in and around us.
- Learn how deepening our contact with each center of intelligence is a vital key to inner change and transformational shifts.

LEARN A COUNTERINTUITVE APPROACH TO CHANGE: *MOVING FROM CONSTRICTION TO EXPANSION*

- Learn how our greatest gifts are not ones we can make happen, but are available the more we release the tensions, constrictions, and patterns of our personality.
- Learn how “direct experience” leads to change. Direct experiences happen when we make contact with the “felt sense” associated with an interaction or situation that has impacted us.
- Learn to approach change as moving toward wholeness. One aspect of moving toward wholeness entails working with and integrating our shadow, that part of ourselves that we deny or judge, thereby creating a war within. When we are divided against ourselves and cut off from parts of ourselves, we create obstacles to our growth and development.
- Learn to distinguish between habitual conditioning that has taken up so much space and has defined much of your life, and to tune into deeper channels of your internal experience and see what is there. This is what is meant by becoming present.
- Gain tools for becoming a “pattern detective” – to help clients see their automatic default patterns that can undermine progress.



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COHORT & INDEPENDENT TRACKS:

- Cohort Track - you will take the courses in Parts I-IV in order and within the nine-month time-frame
- Independent Track - you will take the courses in Parts I-IV in order, but over a longer period than nine months, but no more than three years

STRUCTURE FOR COHORT & INDEPENDENT TRACKS:

- Weekly virtual meetings for coursework
- Weekly peer partnering assignments
- Occasional written course assignments
- Web-board discussions
- Two residential retreats
- Five months of supervised fieldwork & case submissions
- Mentoring support from a Deep Coaching graduate

TUITION:

Below is a breakdown of the Deep Coaching Certification program tuition for the Cohort and Independent Tracks. Tuition includes all instruction, materials, client 'tool kits', plus room and board at two week-long retreats.

TRACK	DESCRIPTION	TUITION ²
Cohort	Deep Coaching Certification Program	\$12,600
Independent ¹	DCC Program Independent Track	
Part I	Building Coaching Presence Retreat	\$3,500
Part II	Illuminating the Human Condition	\$1,650
Part III	Integrating Coaching Presence Retreat	\$4,650
Part IV	Enneagram Typing Course plus Supervised Field Work	\$3,000

¹ Students following the Independent Track, must complete all four parts within three years, to be eligible for the Deep Coaching Certification designation

² For information about partial scholarship money available, please send an email to info@deepcoachinginstitute.com.

DCC PART/ COURSE TIMELINE:

Part I - Week 1: Orientation Call

Part I - Week 2: Building Coaching Presence Retreat at a Northern California Retreat Center

Part II - Weeks 3-13: Illuminating the Human Condition Course
Weeks 14-15: Integration Period*

Part IV - Week 16: Orientation to Field Work

Part IV - Weeks 17-37: Five months of supervised fieldwork

Part IV - Weeks 17-22: Enneagram Typing Course – An Inquiry Approach
Weeks 23-24: Integration Period*

Part III - Week 25: Integrating Coaching Presence Retreat in Taos, NM
Weeks 26-35 – Integration Period*

Part IV - Weeks 36-37: Fieldwork Case Submissions & Faculty Review

Conclusion - Week 38: Final Call with Cohort

For the schedule of future DCC cohorts - including dates and links to individual courses – click [here](#).

To start your application, click [here](#).

*** Integration Periods may vary for different cohorts**



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About DCI

The Deep Coaching Institute (DCI) is an advanced coach training school founded in 2007 by Roxanne Howe-Murphy. We have organically grown into a rich community of faculty, mentors, graduates and students spanning globally across the US, Canada, South Africa, South Korea, England, Australia, Ecuador and other countries.

Our proprietary methodology is highly experiential and uses a presence-based approach to the Enneagram. As the first Enneagram Coaching school recognized by the IEA, today we are both IEA accredited and ICF approved. Our students receive a rich experience both in terms of their own personal development and with the tools, models and presence they bring to their client relationships.

In addition to offering powerful resources through our programs, we are also a deeply cohesive and supportive learning community. This community is a natural outgrowth of our shared DCI experience, our shared values of compassion toward self and others, accessing the wisdom of our deeper intelligence, living an awakened life, and a commitment to our collective mission of “being a force for positive change, one coach at a time.”

In addition to our nine-month Deep Coaching Certification (DCC) program, we offer a variety of continuing education programs and graduate programs. While the DCC is geared toward experienced executive coaches, organizational development professionals and life coaches, our other programs also benefit therapists, spiritual directors and various experienced growth-oriented professionals.



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...where the profound and practical meet.

www.deepcoachinginstitute.com